



**family support
Wales**



Do you support a child or young person who is living with epilepsy?

If so, we can help with the following:

- One-to-one support and signposting for young people and their families
- Information sessions for anyone working with children and young people
- School assemblies and workshops for primary aged children and more!

Whether you're a parent, carer, teacher, childminder, nursery worker or sports coach, we can help you to support children/young people to live well with their epilepsy.

To find out more, contact us:

 **02921 304 633**  **awalker-robinson@epilepsy.org.uk**

Epilepsy Action Helpline:

freephone 0808 800 5050 **text** 07479 638 071

email helpline@epilepsy.org.uk **epilepsy.org.uk**

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Ydych chi'n cefnogi plentyn neu berson ifanc sy'n byw gydag epilepsi?

Os felly, gallwn eich helpu gyda'r canlynol:

- Cefnogaeth un-i-un a chyfeirio pobl ifanc a'u teuluoedd
- Sesiynau gwybodaeth i unrhyw un sy'n gweithio gyda phlant a phobl Ifanc
- Weithdai ar gyfer plant ysgol yn yr dosbarth ar gwasanaeth bore!

Os fydda chi'n rhiant, ofalwr, athrawes, warchodwr, weithiwr feithrinfa neu hyfforddwr chwaraeon, gallwn eich helpu chi i gefnogi plant/pobl ifanc i fyw'n dda gyda'u h epilepsi.

I gael gwybod mwy, cysylltwch â ni:

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