

# Gp

Whitchurch Road Surgery: Address = Sachville Ave. Telephone = 029 2185 1190.

Opening Hours = Monday to Friday- 8:30am - 6:00pm. Saturday and Sunday- Closed.

North Road Medical Practice: Address = 182 North Road. Telephone = 029 2061 9188. Opening hours = Monday, Tuesday and Thursday - 8:00am - 5:00pm. Wednesday and Friday - 8:00am - 12:00pm. Saturday and Sunday -Closed.



St Joseph's  
Primary  
School



## Out of hours GP

You can access out of hours GP services by calling 111 when your GP is closed and you cannot wait.



## HOSPITALS

**UHW Heath Hospital:** Address = Heath Park way. Telephone = 029 2074 7747. Opening Hours = Monday-Friday: 9am- 6pm. Saturday: 9am-1pm. **St**

**David's Hospital:** Address = Cowbridge Road East CF11 9XB. Telephone = 029 2053 666. Opening Hours = Monday-Friday: 9am-5pm. Saturday and Sunday: Closed.

**Cardiff Royal Infirmary:** Address = Glossop Road CF24 0JT. Telephone: 029 2049 2233. Opening Hours = Monday-Friday: 8:30am-5pm.



# HEALTH CARE FACILITIES IN CF14 3BL



DONE BY DRISHVA.

## DENTISTS

Restore Dental Group: Address = 354 Whitchurch Road. Telephone = 029 2061 9461. Opening Hours = Monday-Friday: 8am-5pm. Saturday and Sunday: Closed..

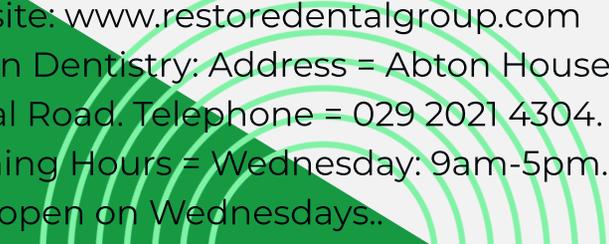
Website: [www.restoreddentalgroup.com](http://www.restoreddentalgroup.com)  
Fusion Dentistry: Address = Abton House, Wedal Road. Telephone = 029 2021 4304. Opening Hours = Wednesday: 9am-5pm. Only open on Wednesdays..

**NHS WALES WEBSITE:**

<https://www.nhs.wales>.

**Cardiff and vale university health board website:**

<https://cavuhb.nhs.wales>



# Counsellors

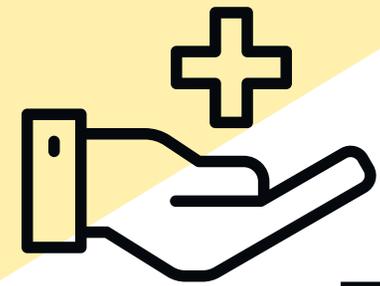
Clear Brook Counselling and Consultancy:  
Address = 178A Whitchurch Road. Telephone  
= 07854 567439. Sue O'Brien Counselling  
- Sher/Her: Address = 174 Whitchurch Road.  
Telephone = 07306 853912. Opening Hours  
= Wednesday: 8am-7pm. It only opens on  
Wednesdays. Website: sueobriencounselling.com.  
Sam's room: Address = First Floor, 174  
Whitchurch Road. Telephone = 0292169  
0250. Opening Hours = Sunday: 7am-9pm.  
It is only open on Sundays. Website:  
samsrooms.co.uk

# Baby Groups

Tots Play - Baby and Toddlers  
Play Programme: Address = 2  
Heol Hir. Telephone = 01633  
897841. Website:  
totsplay.co.uk . Baby Singing  
Classes with Sing and Sign:  
Address = The Common.  
Telephone = 07711 301775.  
Website: singandsign.co.uk .

# OPTICIANS

R.N. Robert Optometrists:  
Address = 282 North Road.  
Telephone = 029 2061 9990.  
Opening Hours = Monday-Friday:  
9am-5:30pm. Saturday:  
9am-1pm. Sunday: Closed.  
They are closed weekdays  
between 1pm-2pm for  
lunch. Vision Express  
Opticians at Tesco - Cardiff  
Excelsior: Address = Excelsior  
estate, Tesco Extra. Telephone  
= 029 2167 4672. Opening  
Hours = Monday-Wednesday:  
9am-5:30pm. Thursday:  
9am-7pm. Friday and  
Saturday: 9am-5:30pm.  
Sunday: Closed.



**HEALTH  
CARE  
FACILITIES  
IN CF14  
3BL**

Done by

